

January Senior Center Gazette 2005



January Clearance Sale!!

Friday, Jan. 21, 9:30-3:00

Here is your chance to shop for those after-the-holidays bargains! Our Clothing and Gently Used Items Sale has become a January Clearance Sale. We need donations of good, saleable used clothing, jewelry, and linens (no shoes or lingerie, please!) Get something for Christmas that just isn't you? We would love it for our sale. All donations gratefully accepted after Jan. 3. Then, come and shop for something new-to-you!

A New Creative Writing Class
Starting January 11
Tuesdays at 10 am taught by
Jack Swenson, Author
Bad Apples & Other Stories

January Birthday Party!
Friday, January 14, 1:30 pm
Candy Farrell & the
Fremont Tappers

Join in the festivities of our January Birthday Party. And, even if January is not your birthday month, come to enjoy the dancing and fun at 1:30 p.m. Birthday cake, ice cream, and coffee will be served in the dining room. Prizes will be awarded in a drawing of the names of seniors present who have birthdays in January. Prizes have been donated by Kathy's Floral Design in the Walnut Plaza, Atria's Retirement Inn, Cookies by Design, Rose's Mortuary, and the Builder's Fund, which also provides the entertainment.

REMINDER: Builders Fund
Renewals are due before the
Annual Meeting, February 22.
All are invited to attend

COMMUNITY SERVICES

SENIOR SERVICES.....	574-2050
Coordination of services for homebound seniors	
Companions for Life (Medical Alert Program)	
Local van group trips for shut-ins.....	574-2082
Tri-City Elder Coalition.....	574-2064
LIFE ELDERCARE.....	574-2090
Caregivers Support.....	574-2035
Home Services Registry.....	574-2095
Meals on Wheels.....	574-2092
Friendly Visitor Program.....	574-2097
TRANSPORTATION ASSISTANCE	
AC Transit Information*.....	511
City of Fremont Paratransit Program.....	574-2053
East Bay Paratransit Program.....	1-800-555-8085
HOUSING ASSISTANCE(OFFICE OF NEIGHBORHOODS).....	494-4500
LEGAL ASSISTANCE FOR SENIORS.....	1-800-393-0363
SOCIAL SECURITY.....	1-800-SSA-1213
MEDICARE.....	1-800-952-8627
MEDICARE & INSURANCE COUNSELING(HICAP).....	839-0393
TRI-CITY HEALTH CLINIC.....	713-6685
SENIOR LIBRARY SERVICES.....	745-1499 or 745-1491
SENIOR PEER COUNSELING.....	574-2063
ALZHEIMER ASSOCIATION HOTLINE.....	1-800-660-1993

*511 is a new toll-free voice activated phone service. Call 511 for information on AC Transit BART, road conditions and trip planning.

TRIP INFORMATION
Tuesday, January 11, 1 pm
Trip Meeting
Collette Vacations will present
Discover Switzerland, June 8-15,
Spain & Portugal, Sept. 7-21

Wednesday, January 19
What is Old is New in S.F.
Tour the reopened Conservatory of
Flowers & the Ferry Building
With Craig Smith

Tuesday, February 1, BENICIA
Visit this quaint & colorful community, one of California's first capitols. See demonstrations of glass blowing at the famous studios of Nourot, Smyers Glass, and Zellige Art Glass. Also visit the U.S. Army Camel Barns, part of an experiment to use camels as pack animals in the western deserts.6

Sunday, March 13
"NUNSENSE" at
Garbeau's Dinner Theater.
Sunday Brunch with the hilarious play that asks "What happens when convent cook Sister Julia accidentally poisons several Little Sisters of Hoboken?"

For information, 790-6600



Monday, January 17, 2005
Martin Luther King Jr. Holiday
In honor of Dr. King,
the Senior Center will be closed.

AARP INCOME TAX HELP

AARP Tax-Aide helps taxpayers with middle and low-income, with special attention to those 60 and older." Start making appointments in January for AARP Income Tax-Aide, which begins on Feb. 1. Sign up early for help on Tues. at 10, 11 & 12, Thurs. at 9, 10, 11, & 12, and Fri. at 1, 2, & 3 pm until April 15.

Jackson Casino Trips
Buses will no longer be subsidized by the Casino. Cost will be \$26 per person, with \$10 back at the Casino and \$2 for food.

For information, 790-6600



The City of Fremont does not discriminate on the basis of disability. Reasonable auxiliary aids are provided upon request to persons with disabilities to afford equal opportunity to services, programs, and activities. Inquiries may be forwarded to the Director of the Human Services Department, P.O. Box 5006, Fremont, CA 94537, (510) 574-2051 or (510) 574-2040.